May 16, 2022

Aloha,

In light of current reports of infant formula shortages across the country, we want to highlight some important information and resources to support concerned families and pediatric health care providers in our community. Here are some key messages:

**Never dilute formula.** Diluting infant formula with water or other liquids can be dangerous and even life-threatening for babies, leading to a serious nutritional deficit and health issues.

**Avoid homemade formula:** Homemade formulas often lack or have inadequate amounts of critical nutrients. For example, babies fed homemade infant formula have been hospitalized due to hypocalcemia (low calcium).

**Use of substitute formulas is OK:** For most babies, if their regular brand of formula is not currently available, it is OK to substitute with a similar version. If families have questions about which formula is acceptable, or if they are still having difficulty finding formula, they should contact their child’s pediatric provider or WIC clinic.

**Talk to your doctor:** Families should consult their pediatrician if their babies or children require a specialized formula and need a recommendation for a comparable formula to use. Providers can also submit an urgent request for specialized formula to Abbott, a primary formula manufacturer. Abbott is releasing some specialty and metabolic formulas on a case-by-case basis.

**Providers can contact Abbott:** Healthcare providers who provide care for children in critical need of a particular specialty formula should contact Abbott directly to request the product by calling 1-800-881-0876 or visiting their formula information and product request form.

The Food and Drug Administration (FDA) has been meeting regularly with major infant formula manufacturers that have been working to maximize their production to meet new demands. Read more about FDA’s actions.

The U.S. Department of Agriculture’s (USDA) Food and Nutrition Service (FNS) has granted WIC agencies across the country waivers of certain WIC regulations so that they can take immediate action to ensure that WIC participants can exchange their recalled baby formula and use WIC benefits to purchase products that have not been recalled. Read more about USDA’s actions.

See below for a list of additional resources that FDA, USDA, and the AAP created for families and health care providers with concerns and questions about the infant formula shortages and safety. Please let us know if there are questions and needs related to reports of infant formula shortages and if additional assistance and/or guidance would be helpful.

Mahalo,

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Executive Director
Additional resources:

FACT SHEET: President Biden Announces Additional Steps to Address Infant Formula Shortage

AAP HealthyChildren.Org information

FDA News Release 5/10/2022

FDA Infant Safety Dos & Don’ts

FDA Powdered Infant Formula Recall: What to Know

FDA Investigation of Cronobacter Infections

USDA WIC Flexibilities

USDA Infant Formula Safety

For Providers Only: Abbott Metabolic Formula Information & Product Order Form

AAP Is cow's milk a safe alternative to baby formula?

ABM STATEMENT ON SHORTAGE OF BREASTMILK SUBSTITUTES

Hawaii WIC Formula Substitutes Guideline